

Links2Care

is
a non-profit, charitable, community
support organization delivering
a wide variety of programs and
services to enhance the lives of
Halton Region and Mississauga
seniors, adults, youth, and children

**You
can
help
meet
the
needs of your community**

*Get involved in your
community while helping
others.*

*Share your time, energy,
skills, and resources.*

*Gain emotional rewards
and valuable experience.*

And have fun!

OUR VISION

**A better
quality
of life
through
caring
support.**



Child and Family Centre



United Way
Halton & Hamilton



OUR FUNDERS

We are funded
through provincial
and municipal
governments as
well as other
grants, donations,



**How
you
can
HELP!**

Volunteer

Be a Friendly Visitor, participate
on our Board, support our events,
help in our offices, and many
more rewarding opportunities

Donate

Drop off in person, by mail or
donate through our website.

Fundraise

In support of Links2Care

Promote us

To family, friends, co-workers,
the community—everyone!



Links2Care
Seniors
and
Adults with Disabilities

Phone

905-844-0252

Toll Free

1-866-844-0252

Website

www.links2care.ca

Email

info@links2care.ca

Fax

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Mailing Address

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Oakville, ON L6H 0H2

*The information herein is available
in alternate formats upon request.*

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Programs for
**Seniors
& Adults**

with Disabilities

in Halton, Mississauga,
& South Etobicoke



Links2Care



Meeting the needs of our Community

www.links2care.ca

SUPPORT FOR SENIORS 65+ and Adults with Disabilities in Halton, Mississauga & South Etobicoke

Links2Care strives to support our clients' personal preferences and to promote independence for clients to remain safely in their homes for as long as possible.

HOME MAINTENANCE

(fee-based in Halton, Mississauga, & South Etobicoke)

Our handypersons help repair and maintain your home including:

- ✓ Lawn and Garden Care
- ✓ Grab Bar or Shelf Installation
- ✓ Seasonal Cleaning
- ✓ Eaves Troughs
- ✓ Window Cleaning
- ✓ Painting
- ✓ Minor Repairs

BATHING

(free in Halton, Mississauga, & South Etobicoke)

Our personal support workers provide weekly in-home bathing and associated services

COMMUNITY NAVIGATION

(free in Halton & Mississauga)

Our community navigators provide assistance coping with financial, housing, health, physical, or emotional crises, including:

- ✓ Navigating the health care system
- ✓ Housing applications
- ✓ Hoarding issues
- ✓ Accessing financial support
- ✓ Dealing with elder abuse
- ✓ Referrals to mental health services



CAREGIVER RECHARGE

(free in Halton & Mississauga)

Our personal support workers provide in-home relief for caregivers who have been supporting loved ones.

HOME HELP

(fee geared to income in Halton, Mississauga, & South Etobicoke)

Our community support workers provide assistance with:

- ✓ Housekeeping and Laundry
- ✓ Grocery Shopping
- ✓ Meal Preparation
- ✓ Appointment accompaniment (via taxi/public transit at client cost)

must require at least 2 services above to qualify

FRIENDLY VISITING & CALLING

(free in Halton)

Our volunteers are matched with clients to offer regular home visits and/or phone calls for safety checks, emotional support, and social interaction to combat isolation and boost mental and physical health.